

Leuven's Scales of Well-being and Involvement

Level	Level Description	Well-being Signals	Involvement Signals
1	Extremely Low	The child clearly shows signals of discomfort: <ul style="list-style-type: none"> - Whines, sobs, cries, screams - Looks dejected, sad or frightened, is in panic - Is angry or furious - Shows signs such as feet wriggles, throws objects, hurts others - Sucks thumb, rubs eyes - Doesn't respond to the environment, avoids contact, withdraws - Hurts himself, bangs head, throws himself on the floor 	The child hardly shows any activity: <ul style="list-style-type: none"> - No concentration, staring or daydreaming - Absent or passive attitude - No goal-orientated activity, aimless activity - No signs of exploration and interest
2	Low	The posture, facial expression and actions indicate that the child does not feel at ease. However, the signals are less explicit than under level 1 or the sense of discomfort is not expressed the whole time.	The child shows some degree of activity but which is often interrupted: <ul style="list-style-type: none"> - Limited concentration, looks away during the activity, fiddles - Is easily distracted, action only leads to limited results
3	Moderate	The child has a neutral posture: <ul style="list-style-type: none"> - Facial expression and posture show little or no emotion - There are no signals indicating sadness or pleasure, comfort or discomfort 	The child is busy the whole time but without real concentration: <ul style="list-style-type: none"> - Routine action - attention is superficial - Not absorbed in an activity – short lived attention - Limited motivation, dedication, does not feel challenged - The activity does not address the child's motivation
4	High	The child shows obvious signs of satisfaction. However these signals are not constantly present with the same intensity as level 5.	There are clear signs of involvement but not always present. The child is: <ul style="list-style-type: none"> - Engaged in the activity without interruption - Most of the time there is real concentration - The child feels challenged and mostly motivated - Capabilities and imagination are mostly addressed
5	Extremely High	The child displays the following: <ul style="list-style-type: none"> - Looks happy and cheerful, smiles, beams, cries out of fun, - Talks to themselves, plays with sounds and hums or sings - Is relaxed, does not show signs of tension or stress - Open and accessible to the environment, is spontaneous / expressive - Lively, full of energy - Expresses self-confidence and self-assurance 	The child is completely and continuously engaged in the activity: <ul style="list-style-type: none"> - Absolutely focussed, without interruption - Highly motivated and perseveres - Shows attention to details and precision - Constantly addresses capabilities and imagination - Obviously enjoys being engrossed in the activity