



A report on the Impact of Covid 19 on babies and young children in Jersey

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The Best Start partnership's aim is to give every child in Jersey the best start in life. The Best Start Partnership undertook online research via smart survey to connect with parents to understand the impact of lockdown for Covid19 on expectant parents, babies, young children and their families. The survey was translated into Portuguese and Polish in an effort to reach and enable as many families as possible in Jersey to take part. The survey was open between September and November 2020. Quantitative and qualitative data was collected from the participants of the survey giving invaluable insights into the experiences of parents during this unprecedented time. The findings will be used to inform the design, development and delivery of services. This report will be available at <https://beststart.je>

A total response of 144 fully completed questionnaires were received. Of these 94% (n=133) were completed by females and 5% (n=7) were completed by males. One participant preferred not to declare their gender and three declined to answer the question.

Participants were asked to indicate their parental status, although 135 participants answered this question there are multiple responses from some indicating that they are either a parent to be with a young child or have more than one child. Over 75% of participants had a child between 18 months and 5 years of age.

Participants were asked to share their cultural and ethnic group and were encouraged to indicate all groups that applied to them. 139 participants answered this question generating 171 responses showing that a number of participants identify with more than one cultural or ethnic group. Of the 171 responses 50% (n=85) identify as Jersey and 35% (n=61) identify as British. Participants also identified as considering themselves; Polish, Portuguese / Madeiran, Irish, Scottish, Romanian, Welsh, French, Chinese, Indian, Bulgarian and South African cultural and ethnic groups. Participants recorded that for the overwhelming majority English was spoken in the home, of 138 responses recorded 126 indicated English with 5 indicating Polish, 3 Portuguese, 2 French, 1 Romanian and 1 Hindi.

Key Findings

This section summarizes the comments on the main topics made by the 144 participants of the online survey, comprising parents of both nursery and school age children up to the age of 5 and expectant parents.

Note on Qualitative data

Qualitative research provides a way to probe underlying attitudes and obtain an understanding of the important issues. It must be noted, however, that when interpreting these findings that they cannot be stated as statistical evidence. It is also important to note that we are dealing with perceptions, not facts. Although some participants may hold views based on incorrect information, the perceptions are reported in the following report without analysis or comment.

Emergent Themes

Four themes have been identified through analysis of the qualitative data, however, it must be noted that these themes are very interwoven and interlinked and as such, issues in one area impact on another and although the themes have been identified it is not recommended to look at them in isolation.

Themes:

Social

Participants missed the social interactions of being able to meet friends and family face to face both locally and overseas. They also missed the face-to-face contact with healthcare professionals. Participants reported feeling isolated and alone. The lack of social interactions for children with their peers was a concern due to the closure of schools and nurseries.

Emotional

Many reported feeling under immense pressure emotionally, this was for a variety of reasons and is the main interlinking thread of the data collected. Participants reported being stressed and anxious, vulnerable, depressed and experiencing mental health issues. One reported being at 'breaking point'

Work

Some workplaces were very flexible with working and home working however, some participants experienced re-deployment, losing jobs or employers being very rigid in how they wanted work completed. This is linked with financial concerns for some.

Facilities / services

A large proportion of responses indicated how negatively they and their families were affected by playgroups, baby groups, indoor play, and parks being closed. The closure of nurseries and schools

had a major impact which links this theme with all of the other themes as childcare became the sole responsibility of the parents, many had more than one child to care for and educate and many also had work to complete. This had impacts for work and both socially and emotionally for all. Many respondents reported a negative impact of sports facilities and gyms being closed. Due to the lockdown and the impact on travel many also reported the lack of holidays and the negative impact of this. On-line availability for health / medical care / appointments and shopping was a positive impact.

Each of these themes are demonstrated in the subsequent sections, which show more specifically the areas that are issues experienced by parents in Jersey.

Access to support services

Participants were asked to indicate whether they had been able to access what they needed for themselves and their families since the start of lockdown. 137 responses were collected and of these 82.5% (n=113) indicated that they were able to access what they needed with 17.5% (n=24) unable to access what they needed. 27 responses were received to explain their answer further. These indicated a number of areas that participants had difficulties with. The main theme was relating to access to various healthcare professionals due to them being closed or having limited access or telephone only. This includes, GP's, Speech and Language, Dentists, Health Visitor as well as medical referrals being delayed. Issues were also reported with the closure of Baby clinics, groups and play groups. Others indicated difficulties with shopping, financial difficulties and issues related to shielding.

How services were accessed

Participants were asked if there were positive aspects to how they had accessed services, 134 responded and of these 58% (n=78) indicated a positive experience with 42%(n=56) indicating that there were not positive experiences. 82 participants gave further details about their experiences. Many reported positive experiences with online availability especially with shopping and delivery (as well as online vet care). GP telephone appointments were reported to be useful, convenient and time saving, maternity and community midwife care was excellent and FNHC delivery of equipment was also reported to be good. Services such as repeat prescriptions from chemist of choice was reported as positive and although people reported missing face to face contact, they found video calls convenient. Responses also reported it was positive to find professionals still smiling. Others reported how positive it was to be able to be at home with their children and be able to witness milestones – especially as they appreciated that this may not have normally been the case. People in general being kinder and more understanding was also noted as positive however people not respecting social distancing was an issue. Some also reported that they had found it harder to access many things with limited products being available.

Challenges in accessing services / support

Challenges in accessing services and support was indicated by 35.5% (n=47) of the 133 who responded with 64.5% (n=86) reporting no challenges. 49 participants gave further details explaining issues encountered. These included difficulties accessing services including; speech and language therapy, occupational therapy, ENT, audiology, diabetic care, allergy support, GP's, baby clinics,

antenatal groups and breastfeeding support. Others reported issues with only being able to have 1 parent attending appointments, missing face to face contact and support of family and friends and mental health of family and children. There were also challenges reported in being able to contact the tax office.

School and Childcare closure impact

Participants were asked to indicate if the closure of schools, childcare settings and the lockdown guidance had impacted on the care for their children. Of the 135 responses received 64% (n=86) reported that there was an impact with 36% (n=49) indicating that there was not an impact on the care of their children. 83 participants gave further details about the impact on themselves and their families. Positive experiences reported included; bonding time with children, more 1:1 time, being able to eat dinner together and children thriving without the school pressure. There were a greater number of negative experiences reported which included; parents having to give up work, quality of work and childcare deteriorated as parents had to juggle working from home and childcare with some employers lacking flexibility. It was felt that it was hard to keep children entertained and engaging in schoolwork and that younger children were missing out, children were watching more tv and having more time on electronic devices and less outdoor time. Parents felt that it was difficult and worried about children's socialisation – missing their friends and grandparents, they also noted they missed the support of grandparents helping with childcare. Many reported finding it stressful and there were reported worries of impact on mental health in what was described by one as 'Very isolating and intense' time.

Overall effect of lockdown

Whether the overall experience of lockdown had been positive or negative for their child was answered by 136 participants. Of the 136, 43% (n=59) did not feel it had been either positive or negative. 32% (n=43) felt that it was either negative or very negative and 25% (n=34) felt that it was positive or very positive. Comments from 90 participants included both positives and negatives. Parents felt their children missed relatives especially grandparents, friends and nursery staff, lacked emotional development missing out on socialising and activities and were bored at home. The lack of routine was felt to be disruptive leading to some behaviours being exhibited. Some reported lack of speech development however others found improvements in speech due to 1:1 attention at home. It was reported that some children had not noticed and were happy to go with the flow and parents felt there would be no lasting impact and they would bounce back quickly. There was also stress and mental health worries as well as anxiety for some children returning to nursery and school.

Changes in Child's play

Participants were asked to report on any changes in their child's play. Of the 131 responses received 56% (n=73) reported no change in their child's play, with 44% (n=58) indicating that they had noticed a change in their child's play. 62 participants gave further details about their experiences many noting their child being more cautious and checking with adults more having lost confidence in playing with others and being less independent. There were some behavioural issues related to sharing and destructive play with others playing more and getting on better and doing more imaginative and role play activities. More screen time was also reported for children.

Changes in Child's interests

The majority of responses 68% (n=89) of the 131 indicated that there had been no changes in children's interests with 32% (n=42) indicating that they had noticed a change in their child's interests. 49 participants gave further details many indicating that they felt there was only normal developmental changes evident. However, many reported more tv, YouTube videos, video games and the use of iPads. Some reported more interest in art and craft and Lego with a mix of responses indicating some children preferred to be at home and with their parents with others wanting to be outside and showing more interests in nature, the environment, going for walks and to the beach. Some children were reported to be more interested in domestic areas such as preparing food and cooking, DIY and those involved in services such as refuse collectors and postal workers.

Changes in Child's behaviour

Participants were asked if they had noticed any changes in their child's behaviour since lockdown. Results received from 131 participants were very even with 47% (n=61) noticing changes and 53% (n=70) not noticing any changes. 64 participants shared examples of changes in behaviour that they had seen from their child. The changes reported were on the whole negative and related to frustration or boredom including, sulking, whinging, biting, throwing, being short tempered, tantrums and getting angry. Issues were also reported around eating with bad eating habits, fussy eating and families struggling at mealtimes. Others however reported their child eating better. Sleep issues were also reported as well as toileting issues and bed wetting. Some felt that their child's manners had deteriorated, and shyness increased which was felt by some to be perceived as rudeness. Improvement in speech was recorded and one participant reported that all negative behaviours have ended now their child has returned to nursery.

Changes in Language development

Participants were asked if they felt that there had been any changes in their child's language development. Of the 131 responses 44% (n=58) felt that there was either an improvement or significant improvement in their child's speech development with only 7% (n=9) feeling that there was a decrease or significant decrease. 49% (n=64) reported no change. 44 participants gave further details many indicating that they felt their child gained more vocabulary and showed an improvement in their language and they suggested that this was due to more 1:1 time with an adult and increased reading and talking, some did see an improvement but suggested it was simply age related. Improvement in native language was also reported. Conversely other children were reported to have less speech development and their parents worried that they would be so far behind they would be unable to catch up. One child was reported to have developed a stutter during lockdown

Changes in Physical development

Participants were asked if they had seen any changes in their child's physical development, of the 130 who responded to this question 65% (n=84) felt that there had been no change. 29% (n=38) reported either an improvement or significant improvement with 6% (n=8) reporting a decrease, no significant decrease was reported. 44 participants gave further details which showed that most felt there was nothing unusual for their child's age, some children had learnt to walk during lockdown

and parents were pleased to have witnessed this milestone as they felt they may have missed this if their child was at nursery. Some children had moved on from walking to running and jumping. Climbing was felt by some to have improved and others felt that their child lacked confidence in this area. Although some reported that they felt that their child's gross motor skills were delayed due to not being able to access play areas or groups and playground play and playing with friends, others reported children being stronger and fitter due to playing outside. Some did report that their child's fitness was improved now they were back at nursery.

Changes in Social development

Participants were asked if they had seen any changes in their child's social development. Of the 129 who responded to this question 56% (n=72) felt that there had been no change. 33% (n=43) felt it had either decreased or significantly decreased and 11% (n=14) felt that it had improved or significantly improved. 52 participants gave further details many indicating that they felt there were difficulties on a social level and with new places with shyness and sensitivity being reported and children reluctant to interact with other children. On the contrary others reported children missing their friends and being more confident to approach and warm to people and some wanting to hug everyone. Again, there were reports of initial issues but children being back to normal now.

Changes in Emotional development

Participants were asked if they had seen any changes in their child's emotional development. Of the 131 who responded to this question 60% (n=79) felt that there had been no change. 25% (n=33) felt it had either decreased or significantly decreased and 15% (n=19) felt that it had improved or significantly improved. 45 participants gave further details many indicating that they felt their child has been affected by the lack of interaction. Children were reported to be sad to not be able to play with friends, more easily upset, emotional, clingy, scared and anxious – for some even around extended family. Many children were reported to have missed their grandparents. Some children were reported to be happier at home and more affectionate.

Additional needs that require support now restrictions are easing

When asked if they felt their child may have any additional needs that require support there was an overwhelming negative response from the 132 who responded, with 81% (n=107) indicating that they did not require support and only 19% (n=25) indicating they did feel their child would need extra support. 29 participants gave further details which covered a range of areas many of which were medical / health related: Speech and language, Ophthalmology appointments at hospital, Access to therapists, bed wetting advice, physical development, eating development and behavioural. Some participants suggested that more funded nursery time would be beneficial, and others suggested the need for places for children to play if another lockdown happens.

Questions for children

The next section of the survey asked parents to ask their children a number of questions. It is clear from the data that there are a mix of responses. Some parents shared that their child was too young to answer, others answered on behalf of their child or for themselves and some responses are clearly from children themselves.

How did you feel when you were told to stay at home?

Parents were asked to ask their child how they felt when they were told to stay at home. 111 responses were recorded.

Words reported showed concern:
Concerned
Anxious
Worried
Stressed
Scared
Nervous
Confused
Alone
Not happy
Didn't like it
Wanted to go to school
Trapped and lost
Overwhelmed
Frustrating
Boring
Helpless
Devastated

Others showed the children missing people:
Missed my school friends
Grandparents
Family

There were expressions of being unhappy:
Sad
I cried at first
Sad everything closed
Playground closed
Missed park / zoo

Some were happy with the situation:
Ok
Fine
Nice
I didn't mind
Safe
Happy
Pleased
Good because I wanted to be with mummy

How did you feel when you couldn't see friends and family?

Parents were asked to ask their child how they felt when they couldn't see friends and family. 107 responses were recorded. Some had already expressed that they missed friends and family, in particular grandparents in the previous question. As with the previous question there was a split of positive and negative responses.

Words reported included:
Upset
Sad
Emotional
Heart breaking
Isolated
Alone
Depressed
Low
Helpless
Stressed
Frustrated
Anxious

Some felt it was:
Really hard
Difficult time
Hated it
Angry
Were bored

Others said they:
Missed granny and grandad
I want to see my friends

A small number of respondents reported that they were fine and didn't mind the situation and 'Enjoyed being with our little family'

What do you think about the virus?

Parents were asked to ask their child what they thought about the virus, various responses were recorded from 103 participants showing, concern and worry to sadness, annoyance and boredom.

Some expressed that it was:
Awful
Bad
bad superbug
It's dirty and naughty
Nasty bug
Silly virus
Is it real
I don't like it
Not good it can kill people
It's dangerous
Sad – go away germs I want to go on an aeroplane
Sad when people die
Just let us be
Boring – I want it to go away so I can play and have fun with my friends
Want to go on holiday with grandma and grandpa
I want it to go away
Wish we could return to normal

Some gave some examples:
We can't share drinks and play with other kids
Have to wash hands and not get too close
It's like flu

Some of the responses were very adult led:
Think Jersey have handled it well
We need to follow guidelines
Wish people took it more seriously
Blown out of proportion
Jersey needs to help it's people
You can't put everything on hold – we need to live our lives
Life needs to go on
We need to take it seriously
Protect the vulnerable

What did you miss doing?

Parents were asked to ask their child what they missed doing. 107 responses were received to this question. Responses focussed mainly on people and places.

People:
Seeing Granny
Seeing family
Seeing friends
Play dates
Play group

Places:
Going swimming
Going to preschool
Going to school
Going on the bus
Going out
Going to the playground
Going to amazing maze
Visiting Jersey sites
Heritage discovery days
Going to the park/ the zoo
Indoor play areas / soft play areas
Playing outside
Football with classmates
Dance classes / ballet
Cinema
Elephant park

Things:
Having ice creams
Hugs from friends
Kissing

More adult responses included:
Socialising and hobbies
Partner not being able to attend antenatal appointments
Date nights
Going for coffee / to the café
Freedom

Going out when I wanted
Missed being in the office
Going shopping / to the supermarket
Park run
Spinning classes
Eating out
Going on our first holiday

What would be exciting about starting a new school / nursery after lockdown?

Parents were asked to ask their child to imagine that they were starting a new nursery or school after lockdown and what would be exciting. 90 responses were recorded. These were mainly split between seeing children and people again or meeting new people and making new friends and playing with toys and others and having fun. One response stated 'Time with adults that are not trying to juggle work and siblings'

Examples of responses included:
Meeting new people
Making new friends
New faces
Seeing friends
Seeing people
Seeing children again
Being with other children
Being surrounded by people
Mixing with other children
Playing with new toys
Me playing with everything
Getting lots of playtime
Playing with others
New things to do
New places to explore
PE games

Children were also asked to express **‘What would be difficult’** in this situation. 88 responses were recorded. These were generally around being apart from parents after a long time together as well as worries about both the virus and new rules especially parents not being able to take children into the setting.

Examples of responses included:
Not seeing Mummy and Daddy so much
Leaving family at home after so much time together
Miss Mummy and Daddy
Being apart from my family
Not having Mummy take me in

Worries:
Worrying about germs
Scared of catching the virus
Nervous
New rules
New routines
One-way systems
Settling in
Being overwhelming
Not hugging

Other responses included:
Being in a bubble
Only seeing a small group
Making friends
Not having daily access to the snack cupboard
Homework
Catching up on schoolwork

Children were asked to express **'What would you like to happen?'** in this situation. 86 responses were received. These focussed mainly around feeling happy and welcome as well as playing and having fun. Some expressed that they would like things to 'go back to normal' however others would rather stay at home and not have to go back to school.

Examples of responses included:
Everyone to get along and feel welcome
Calm welcoming staff
To be happy and settled
Smooth transition
Induction days to accommodate children's feelings
Step by step approach
Proper induction
To be cuddled, nurtured and smiled at
Mummy to take me in to school
Mum to be able to stay
Mix of school and Mummy
Better system to bond with nursery staff
Emotional support
Like Mummy and Daddy to see my classroom
Consistency
Routine

Words related to play:
Playing with my friends
Fun play
Have some guns to play with
Groups to meet outside
Lots of space to play outside

Other responses included:
No idea
Taking pride in fighting the virus

Parental questions

The survey returned to asking parents to complete questions on their own behalf about how they had been affected by the lockdown

How have the last few months affected parents?

Participants were asked to focus on their own wellbeing and share how the last few months had affected them. 134 responses were received. The majority of responses related to the stresses involved with lockdown and the negative effect on mental health, the difficulties balancing working at home and children at home. Some reported enjoying time with their family and the benefits of a slower pace. Others mentioned work and financial worries as well as lack of sports facilities / hobbies and lack of holidays and eating and drinking too much all of which exacerbate mental health issues.

Examples of negative responses included:
More stressed / anxious /emotional worry/ low / vulnerable / depressed / crying / mental health issues / lonely / scared to leave house and put newborn at risk / mood up and down
Tired and run down / emotionally drained
Social anxiety
Panic attacks
Trouble sleeping
Worried about balancing work / home life – extremely stressful juggling work/homelife – some feeling they need medication
Testing
Missed my family / uncertainty of seeing family makes me anxious
Struggling without family help / lack of support
Sad that children are frustrated
No time for myself as looking after family needs
At breaking point when nursery re-opened
Physically and mentally exhausted
Focussing on new born
Isolating
Was already grieving so impacted further – having counselling
Accessing support difficult / feel robbed of enjoyable experiences in pregnancy and being new mother
Dealing with sick parents and not being able to go to hospital
Worry about son’s speech delay – not being able to access support
Fire fighting
Not being able to introduce new baby to family and friends heart breaking
Stressful home schooling
Medical issues difficult to deal with
Guilt about giving each person enough time
Burnt out

Examples of Positive responses included:
Enjoyed time with family
Good having husband at home
Domestic life improved / stronger team / massive pressure on relationship
Had more time for myself
Stress, but pro's far outweigh the cons
Life has slowed down making it easier to parent
Appreciate things more

Issues reported included:
Poor for mental health / wellbeing
Financial worries
Work issues / working from home and other responsibilities / losing job / unfairness at work – some being able to work at home some not / being re-deployed and being a risk to my family
All exercise taken away / sports / gym
No hobbies
Not being able to go on holiday
Worrying about meeting up with friends
Eaten and drunk too much
Having to pay for nursery when others didn't

What has been available to you during lockdown that has helped?

Participants were asked to share anything that had been available that had helped them through lockdown. 106 responses were received of which the majority focussed on online connectivity in various forms from social to work, friends, baby groups, food, medical, school / nursery contact, and the church. Flexibility of employers and supportive colleagues, as well as family and friends. Some specific organisations were named. Unfortunately, some reported no support.

Examples of responses:
Facetime / MS Teams and Zoom – for work and social contact
WhatsApp group with other mums
Pinterest
Food delivery /collection

Nothing
No support
Online baby sensory / library rhyme time / baby church group
Employer offering flexible working / employer doing well-being calls / supportive colleagues
Pregnancy in Mind (NSPCC) and Baby Steps calls – looked forward to
Le Quesne pharmacy
Doctors calling / GP excellent
Robin ward
Osteopath
Hospital Paediatric department keeping in touch
FNHC physically distanced visits
Health visitors telephone support
School staying in touch and supporting/ schools and nurseries online resources/ disappointed at school lack of contact
Co-funding scheme
Getting outside as much as possible / exercise time outdoors
Time, space and putting things into perspective
Private therapist / talking therapies / starleaf
Covid help online / internet
Online learning – print outs for arts and crafts
Family / friends and supportive colleagues / neighbours
Income support
JCCT
Centrepoint
Grouville Parish Hall helped getting medication
Extended family cooking food and leaving for us
Husband
Little comforts – takeaways / tv/internet / music
Church / online church service
Jersey Post

What are the top 3 things you would welcome at the moment?

Participants were asked to indicate what the Top 3 things they would welcome at the moment. 112 participants responded to this question. The Top 10 of the 3 things participants would welcome are listed below. These include being able to see friends and family both locally and from overseas, places for children to play especially indoors, a vaccine, financial help and work flexibility and stability as the

top 5 mentioned. A chance for a holiday or break, time on various levels but specially to rest, for normality to be restored and for recreation to be possible on a number of levels whether the park, sports facilities or simply recreation time. Many were keen for children to be back in school and wanted to be assured that schools would not shut again and many shared that they wanted everyone to stay and feel safe.

Top 10 Things parents would most welcome:
Meet friends / family – from overseas
Playgroups / Indoor play / soft play / activities for children / swimming lessons
Vaccine
Financial help (tax issues to be put on hold) / childcare subsidy / government support / reduced utility bills
Work flexibility / support for working parents / stability
Holiday / break / Time / rest
Normality
Recreation time / sports/park
To know schools won't shut again / no more lockdown / Children back in school
Staying safe / feeling safe

Other responses included:
People to be kind
A magic wand / advances in medical treatment of Covid
Life being less complicated
Certainty about future / restrictions to be removed / better communication from Government
Government buildings to open – tax, social security
Mask wearing by public / continued improved hygiene / social distancing monitored
Face to face hospital appointments / better GP access / catch up on referrals for children
Rest and relaxation
Wellbeing courses
Dinner out
Children to be free to do everything / more outdoor provision (forest school)
Virtual school
At school – hot lunches and more on wellbeing

Better work life balance especially if another lockdown
Clearer guidance
Not being glared at because I don't wear a mask
Cinemas
A garden / outside space at my home
Outdoor park for dogs to be let off lead
House renovation
Availability of children's clothes – making it easier to buy locally
More time with children
Respite for families with children with special needs
A swimming pool
New wardrobe
A cleaner
Less traffic / less congestion
Postal delivery to New Zealand
Larger retailers delivering food

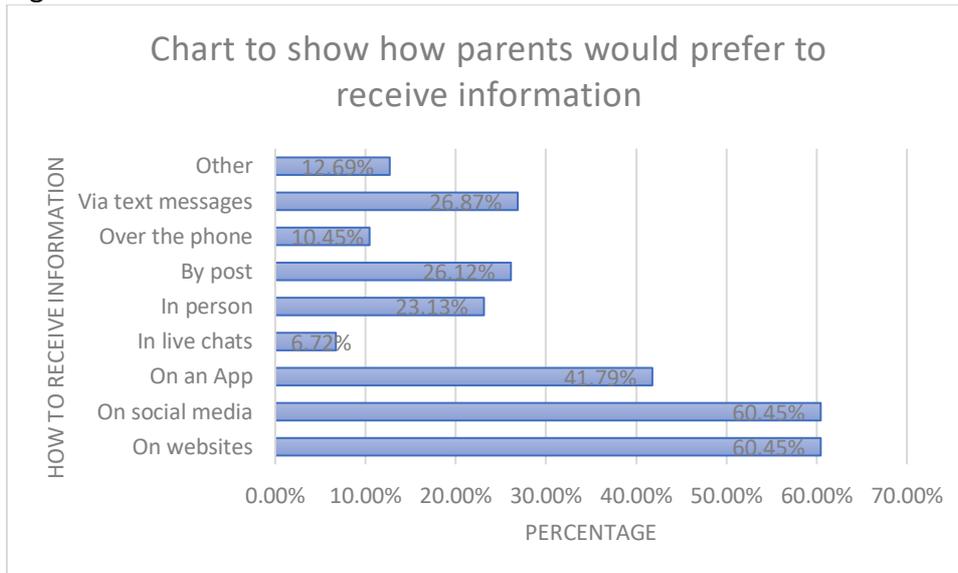
Have there been positives of the pandemic for your child and family?

Participants were asked to indicate if there had been any positives for either their child or themselves as a result of the pandemic. 130 responses were received and of these 82% (n=107) felt that there had been positives with 18% (n=23) indicating that there had not been any positives of the pandemic. 105 participants shared further details, these showed that the main positive was more family time and quality time with children. Participants reported being able to bond more with their child and appreciating each other more with many mentioning the time especially for fathers and children being positive. Many also reported more contact with family in the UK over facetime. The chance to spend more time outdoors together and appreciate Jersey more were also mentioned by many. Positives also included flexible working, environmental improvement and community spirit.

How would you prefer to access and receive information?

Participants were asked to select their top 3 ways of how they would prefer to access and receive information from a list of 8 possible ways. 134 participants responded to this question. They indicated that they would like to receive information online, those who responded 'other' mainly indicated email but also included; television, school and one suggesting it depended on the information. Please see Figure 1 below for graph of responses.

Figure 1



Would you be interested in an app that provided ideas and information about activities and events for children and young people in Jersey?

Participants were asked to indicate if they would be interested in an app that provided ideas and information about activities and events for children and young people in Jersey. Of the 135 who responded, 93% (n=125) indicated that they would with 7% (n=10) not being interested in an app.

Any further comments from you or your child

Finally, participants were asked to share any further comments from either their child or themselves. 39 participants shared further comments, these revolved mainly around education and activities for children as well as government investment in services.

Further comments reported:

Change education / more flexible / more outdoor activities / arts / theatre / dance / signing in all schools and nurseries

Need positive activities for children / open playgroups with social distancing for parents

Would be good if baby clinics could open again

If another lockdown daily online teacher contact

Need to support the most vulnerable / worried about mental health in the Island

Extra parental leave over first 5 years of a child's life

Need more investment in services for children – CAMHS, educational psychology, speech and language

Participants also took the opportunity to express that they were grateful for having been given the chance to voice their opinions.